

Adolescent Pregnancy Counseling on Reproductive Health in the New Village of Ladang Bambu in 2021

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ABSTRACT

The purpose of this study was to provide knowledge to adolescents, especially young women, about reproductive health to prevent unwanted teenage pregnancies. And the activities carried out are to increase the knowledge of young women about reproductive health to prevent unwanted teenage pregnancies. Help prevent teenage pregnancies that result in dropping out of school, unprepared economic problems, teenage pregnancies under the age of 20 which are at risk for premature birth and increase maternal mortality. The types and forms of activities of this activity are as follows: providing material to young women about reproductive health to prevent unwanted teenage pregnancies. The results of the study are to achieve the objectives of the above activities,

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1. Introduction

Health development aimed at increasing the level of public health. To achieve health status, women must be recipients of health, family members and health service providers must play a role in the family, so that children grow up healthy and mature as young people.

WHO stated in May 2012, about 16 million girls aged 15 to 19 years worldwide, one in five women had given birth by the age of 18 years. An estimated 3 million girls aged 15 to 19 years undergo unsafe abortions each year (Mediacenter, 2013). In the United States, according to statistics agencies, approximately 1.16 million abortions were performed in 2009 but this figure became 1.13 million in 2010 and 1.06 million in 2011, which tend to occur in adolescent girls (Vemale, 2013).

BKKBN 2012, in Indonesia abortion cases reached 2.5 million people per year. Of the 2.5 million perpetrators, eight hundred thousand of them are teenagers. Many people think that premarital sex is taboo to talk about in Indonesia (Indonesia, 2012).

WHO states that in 2012 about 16 million women aged 15-19 years and 2 million girls under the age of 15 gave birth every year. Complications from pregnancy and childbirth are the leading cause of death among women aged 15-19 years. Stillbirth and newborn mortality are 50% higher among infants of adolescent mothers than among female infants aged 20 years, infants of adolescent mothers tend to have low birth weight (Mediacentre, 2013).

In Indonesia, there are 1 million teenagers who experience pregnancy outside of marriage. The Ministry of Health of the Republic of Indonesia 2010/2011 revealed that out of 1189 unmarried adolescents of 13-19 years in West Java, 7% of these adolescent girls admitted to having experienced pregnancy. In Bali, 922 adolescents, 5% of girls admitted to having experienced pregnancy (Indonesia, 2012).

Teenagers who get pregnant because they have premarital sex result in dropping out of school, economically they are not ready, the poverty rate increases, more and more early marriages sometimes arise because domestic violence cases are not ready, in terms of health, adolescents who are pregnant under 20 years are at risk of premature birth and increased maternal mortality. For this reason, BKKBN invites midwives to be friends with teenagers so that they can provide complete information related to reproductive health. (Liputan6, 2013).

2. Method

The direction or purpose of this activity can be carried out by providing counseling to young women about reproductive health to prevent unwanted teenage pregnancies. done in tfour: Head of Head Office Kel. New Bamboo Farm Tenergy Darmo Midwifery Academy lecturers totaling 2 people, 1 student. Target young women.

2.1. Activity steps

As a community service activity, the following preparations are carried out:

a. Hold a meeting with the Head of the District in terms of supporting this activity and obtain permission to carry out the extension.

- 1) Request permission from the Head of the Sub-district to carry out outreach activities to adolescent girls on reproductive health to prevent unwanted teenage pregnancies.
- 2) Determination of participants who will take part in the counseling.
- 3) Determination of community staff who participate in the smooth running of counseling activities for young women on reproductive health to prevent unwanted teenage pregnancies.
- 4) Determination of the facilities and infrastructure needed to support the implementation of the extension activities.
- 5) Other things that are considered important in carrying out activities

b. Coordination meeting with the activity implementation team in this case:

- 1) Set the day, date of activity
- 2) Place of activity
- 3) Prepared equipment
- 4) The committee that helped
- 5) Amount of fee required
- 6) Facilitators who participate in providing materials
- 7) Things that are deemed necessary

2.2. Activity Process

On October 23, 2021, data collection on participants who will take part in counseling activities for young women on reproductive health will be carried out to prevent unwanted teenage pregnancies. The opening event, counseling young women about reproductive health to prevent unwanted teenage pregnancies, among others by doing:

- a. Lecture
- b. Frequently Asked Questions
- c. Discussion

3. Results and Discussion

a. Target Audience

This activity is targeted at young women in the Baru Ladang Bambu Village, Medan Tuntungan District, in order to provide counseling to young women about reproductive health to prevent unwanted teenage pregnancies.

b. Linkages

In carrying out this service activity the fields of science that are considered related include reproductive health, reproductive health in adolescents, unwanted pregnancies.

c. Evaluation Plan

In this case the evaluation carried out was an evaluation of the status of knowledge on changes in behavior (knowledge, attitudes, and actions) as well as increasing health status in adolescent girls, increasing information about reproductive health in adolescent girls to prevent unwanted pregnancies that resulted in dropping out of school, economically not ready, the increasing number of early marriages that sometimes appear domestic violence, in terms of health of adolescents who are pregnant under the age of 20 years are at risk of premature birth and increased maternal mortality.

d. Supporting and Inhibiting Factors

1) Supporting factors

Enthusiasm of teenage girls is quite big

The sub-district, in this case Kelapa Sub-district, Kepling, provided the time and place so that the counseling could run well.

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2) Obstacle factor

Awareness of young women about the importance of reproductive health is lacking so that the process of activities requires a large enough effort to attract young women to want to know about reproductive health which can prevent unwanted pregnancies.

4. Conclusion

The report on the implementation of community service activities in the form of counseling for young women about reproductive health to prevent unwanted teenage pregnancies carried out at the village head office of Baru Ladang Bambu Village which can be stated as follows The activity was carried out according to the objectives and plans, This activity received a good response from district side. This activity provides a new discourse for young women to be able to disseminate information on reproductive health.

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